

Dear Parents:

In an effort to provide our young children nutritious snack choices during school, we are implementing a practice currently followed by other Jewish Preschools.

Throughout the school year the parents in each EC class will be rotating on a weekly basis to provide the morning snacks for the all the children in the classroom. Each week a different parent will be responsible for bringing five (5) different snacks from the following list enough to feed approximately fifteen (15) children:

Fruits and Vegetables

Cheese slices with Rice Crackers

Pita with cream cheese

Applesauce

Greek Yogurt with Granola

String Cheese

The parent snack schedule will be available in your child's classroom and your child's teacher will give you notice when your snack week is coming up. The snacks for the class need to be brought to your child's teacher no later than the Monday morning of your snack week. Please keep in mind that the snacks need to adhere to the Kashrus laws maintained by the school.

We really appreciate your support and we thank you for joining us in teaching our children the importance of having healthy eating habits.